

J. D. Vance

Hillbilly Elegy. A Memoir of a Family and Culture in Crisis

My name is J.D. Vance, and I think I should start with a confession: I find the existence of the book you hold in your hands somewhat absurd. It says right there on the cover that it's a memoir, but I'm thirty-one years old, and I'll be the first to admit that I've accomplished nothing great in my life, certainly nothing that would justify a complete stranger paying money to read about it. The coolest thing I've done, at least on paper, is graduate from Yale Law School, something thirteen-year-old J.D. Vance would have considered ludicrous. But about two hundred people do the same thing every year, and trust me, you don't want to read about most of their lives. I am not a senator, a governor, or a former cabinet secretary. I haven't started a billion-dollar company or a world-changing nonprofit. I have a nice job, a happy marriage, a comfortable home, and two lively dogs.

So I didn't write this book because I've accomplished something extraordinary. I wrote this book because I've achieved something quite ordinary, which doesn't happen to most kids who grow up like me. You see, I grew up poor, in the Rust Belt¹, in an Ohio steel town that has been hemorrhaging jobs and hope for as long as I can remember. I have, to put it mildly, a complex relationship with my parents, one of whom has struggled with addiction for nearly my entire life. My grandparents, neither of whom graduated from high school, raised me, and few members of even my extended family attended college. The statistics tell you that kids like me face a grim future – that if they're lucky, they'll manage to avoid welfare; and if they're unlucky, they'll die of a heroin overdose, as happened to dozens in my small hometown just last year.

I was one of those kids with a grim future. I almost failed out of high school. I nearly gave in to the deep anger and resentment harbored by everyone around me. Today people look at me, at my job and my Ivy League credentials, and assume that I'm some sort of genius, that only a truly extraordinary person could have made it to where I am today. With all due respect to those people, I think that theory is a load of bullshit. Whatever talents I have, I almost squandered until a handful of loving people rescued me.

That is the real story of my life, and that is why I wrote this book. I want people to know what it feels like to nearly give up on yourself and why you might do it. I want people to understand what happens in the lives of the poor and the psychological impact that spiritual and material poverty has on their children. I want people to understand the American Dream as my family and I encountered it. I want people to understand how upward mobility really feels. And I want people to understand something I learned only recently: that for those of us lucky enough to live the American Dream, the demons of the life we left behind continue to chase us.

There is an ethnic component lurking in the background of my story. In our race-conscious society, our vocabulary often extends no further than the color of someone's skin – "black people," "Asians," "white privilege." Sometimes these broad categories are useful, but to understand my story, you have to delve into the details. I may be white, but I do not identify with the WASPs² of the Northeast. Instead, I identify with the millions of working-class white Americans of Scots-Irish descent who have no college degree. To these folks, poverty is the family tradition – their ancestors were day laborers in the Southern slave economy, sharecroppers after that, coal miners after that,

¹ an area in the Midwest of the US where heavy industry is in decline

² White Anglo-Saxon Protestants

40 and machinists and millworkers during more recent times. Americans call them hillbillies, rednecks, or white trash. I call them neighbors, friends, and family. [...]

It is unsurprising, then, that we're a pessimistic bunch. What is more surprising is that, as surveys have found, working-class whites are the most pessimistic group in America. More pessimistic than Latino immigrants, many of whom suffer unthinkable poverty. More pessimistic than black Americans, whose material prospects continue to lag behind those of whites. While reality permits some degree of cynicism, the fact that hillbillies like me are more down about the future than many other groups – some of whom are clearly more destitute than we are – suggests that something else is going on.

Indeed it is. We're more socially isolated than ever, and we pass that isolation down to our children. Our religion has changed – built around churches heavy on emotional rhetoric but light on the kind of social support necessary to enable poor kids to do well. Many of us have dropped out of the labor force or have chosen not to relocate for better opportunities. Our men suffer from a peculiar crisis of masculinity in which some of the very traits that our culture inculcates make it difficult to succeed in a changing world.

When I mention the plight of my community, I am often met with an explanation that goes something like this: "Of course the prospects for working-class whites have worsened, J.D., but you're putting the chicken before the egg. They're divorcing more, marrying less, and experiencing less happiness because their economic opportunities have declined. If they only had better access to jobs, other parts of their lives would improve as well."

I once held this opinion myself, and I very desperately wanted to believe it during my youth. It makes sense. Not having a job is stressful, and not having enough money to live on is even more so. As the manufacturing center of the industrial Midwest has hollowed out, the white working class has lost both its economic security and the stable home and family life that comes with it.

But experience can be a difficult teacher, and it taught me that this story of economic insecurity is, at best, incomplete. A few years ago, during the summer before I enrolled at Yale Law School, I was looking for full-time work in order to finance my move to New Haven, Connecticut. A family friend suggested that I work for him in a medium-sized floor tile distribution business near my hometown. [...]

One guy, I'll call him Bob, joined the tile warehouse just a few months before I did. Bob was nineteen with a pregnant girlfriend. The manager kindly offered the girlfriend a clerical position answering phones. Both of them were terrible workers. The girlfriend missed about every third day of work and never gave advance notice. Though warned to change her habits repeatedly, the girlfriend lasted no more than a few months. Bob missed work about once a week, and he was chronically late. [...]

Eventually, Bob, too, was fired. When it happened, he lashed out at his manager: "How could you do this to me? Don't you know I've got a pregnant girlfriend?" And he was not alone: At least two other people, including Bob's cousin, lost their jobs or quit during my short time at the tile warehouse.

You can't ignore stories like this when you talk about equal opportunity. Nobel-winning economists worry about the decline of the industrial Midwest and the hollowing out of the economic core of working whites. What they mean is that manufacturing jobs have gone overseas and middle-class jobs are harder to come by for people without college degrees. Fair enough – I worry about those things, too. But this book is about something else: what goes on in the lives of real people when the industrial economy goes south³. It's about reacting to bad circumstances in the worst way possible. It's about a culture that increasingly encourages social decay instead of counteracting it.

The problems that I saw at the tile warehouse run far deeper than macroeconomic trends and policy. Too many young men immune to hard work. Good jobs impossible to fill for any length of time. And a young man with every reason to work – a wife-to-be to support and a baby on the way –

³ goes south: (here) fails

90 carelessly tossing aside a good job with excellent health insurance. More troublingly, when it was all over, he thought something had been done *to him*. There is a lack of agency here – a feeling that you have little control over your life and a willingness to blame everyone but yourself. This is distinct from the larger economic landscape of modern America.

95 It's worth noting that although I focus on the group of people I know – working-class whites with ties to Appalachia – I'm not arguing that we deserve more sympathy than other folks. This is not a story about why white people have more to complain about than black people or any other group. That said, I do hope that readers of this book will be able to take from it an appreciation of how class and family affect the poor without filtering their views through a racial prism. To many analysts, terms like “welfare queen” conjure unfair images of the lazy black mom living on the dole. Readers of this book will realize quickly that there is little relationship between that specter and my
100 argument: I have known many welfare queens; some were my neighbors, and all were white.

This book is not an academic study. In the past few years, William Julius Wilson, Charles Murray, Robert Putnam, and Raj Chetty⁴ have authored compelling, well-researched tracts demonstrating that upward mobility fell off in the 1970s and never really recovered, that some regions have fared much worse than others (shocker: Appalachia and the Rust Belt score poorly), and that many of the
105 phenomena I saw in my own life exist across society. I may quibble with some of their conclusions, but they have demonstrated convincingly that America has a problem. Though I will use data, and though I do sometimes rely on academic studies to make a point, my primary aim is not to convince you of a documented problem. My primary aim is to tell a true story about what that problem feels like when you were born with it hanging around your neck.

110 I cannot tell that story without appealing to the cast of characters who made up my life. So this book is not just a personal memoir but a family one – a history of opportunity and upward mobility viewed through the eyes of a group of hillbillies from Appalachia. Two generations ago, my grandparents were dirt-poor and in love. They got married and moved north in the hope of escaping the dreadful poverty around them. Their grandchild (me) graduated from one of the finest
115 educational institutions in the world. That's the short version. The long version exists in the pages that follow.

(2017)

⁴ *William Julius....Raj Chetty*: American sociologists and political scientists